



Professional Training Division Academics Guide

We know that you are committed to ensuring that your dancer receives all of the tools they need to become a well-rounded individual, including excellent academic training; Ballet West shares this goal. To this end, Ballet West has met with various academic institutions in order to provide you with options that will meet your student's educational needs. Some options offer rigorous traditional style education with structures course, while others offer flexible schedules for students who prefer to work at their own pace.

Each of these institutions have committed to ensuring that you student will be able to attend their full ballet schedule at the Ballet West Academy while still being able to work towards obtaining a High School Diploma; many will allow your student to get a jump-start on college courses.

Once you have reviewed this packet and researched the options, please feel free to contact the schools directly to discuss your student's needs, or even arrand a tour of the campus. Be sure to mention that you student has been admitted to the Ballet West Academy Profession Training Division. Each school looks forward to meeting with you and your student to make sure that you find the perfect fit for your dancer's academic training. Ballet West will not act as an intermediary between you and the school, and will not take on responsibility for your student's academic training, but many of these schools will assign a mentor to oversee your student's academic progress.

You are not required to select one of these options in order for your dancer to attend Ballet West Academy, but we know that these schools will work with you to achieve the best results for your dancer.

Most of these options are tuition-free for students who have a legal guardian paying taxes in the State of Utah. If you student will not have a legal guardian paying taxes in Utah, the schools will charge a fee that will then be paid to the Utah Department of Education. The schools will be able to help you determine the amount, if applicable. You may also be able to find a charter school in your home state that allows distance-learning options. This would allow your dancer to complete online courses and graduate from high school through his or her home school.

Public transportation stops are an easy walk from each of these schools.



Rowland Hall

EXTRAORDINARY LEARNING

Rowland Hall

Type: Private K-12

Able to sponsor visas for international students

NOTE: Student must be accepted to Rowland High School independent from the Ballet West Academy

www.rowlandhall.org

Transportation: Public transit bus stop in front of school for transportation to studios

Ballet West Academy students who enroll at Rowland Hall enjoy the unique opportunity to experience premiere dance training and pursue a rigorous college preparatory curriculum at Rowland Hall, one of the top schools in the Intermountain West.

The program is modeled after the successful Rowmark Ski Academy within Rowland Hall. Founded in 1982, Rowmark has a successfully educated and trained more than 170 student/athletes—including NCAA All-Americans, World Champions and Olympians.

The program provides an unparalleled combination of academics and dance training. While we strive for artistic and academic excellence, our primary goal is to develop *personal excellence*, organizational skills, independence, responsibility, and integrity—attributes that student/dancers take with them to college and adulthood, regardless of what career they may ultimately choose.

In partnership with the student and their parents, the Upper School Assistant Principal at Rowland Hall works to develop a course of study that positions the student for both academic and artistic success. Full-time students at Rowland Hall typically take five academic core courses per year—English, Math, Science, Social Studies, and World Language. The training program at Ballet West dictates that student/dancers take a recommended three (with no more than four) yearlong academic courses.

Typically, Ballet West dancers' academic classes will be scheduled in the first three (or four) periods in the Rowland Hall daily schedule. This helps facilitate dancers' attendance in morning classes from November-March, when our rotation schedule changes to facilitate attendance for students in both Rowmark and Ballet West Academy. Co-enrollment in Ballet West Academy and Rowland Hall may limit certain options for the academic program. While the school cannot guarantee that dancers will have access to ever core class offered, they promise to make available all credits needed to graduate. Students who wish to take more than the recommended core classes may enroll in summer college courses for high school students or online/independent study courses.

For more information about Rowland Hall, please visit our website at www.rowlandhall.org or contact Shuja Khan, Director of Enrollment Management at shujakhan@rowlandhall.org or 801-924-2950



West High School

Type: Public 9-12

Able to sponsor visas for international students

NOTE: International Baccalaureate classes available

www.west.slcschools.org

Transportation: Trax stop available near school for transportation to studio

West High School, located in downtown Salt Lake City, is a well-established education institution with one of the most diverse school populations in Salt Lake City. West High school is a source of learning for students from all over the world, providing its students with interesting life experience.

West High School is also home to a rigorous IB program. Some IB courses may be available to BWA students. West High School has significant experience working with students who, due to extracurricular demands, must use an early release schedule. This experience, coupled with its close proximity to the Ballet West Academy studios, make it an excellent option for BWA studios.

For more information about West High, please visit our website at www.west.slcschools.org or contact Stephanie Gordon, Counseling Secretary at stephanie.gordon@slcschools.org



Innovations Early College High School

Type: Charter 9-12

NOT able to sponsor visas for international students

www.innovations.slcschools.org

Transportation: Bus stop near school for transportation to studio. Alternatively, the school provides buses to West High School, which is near a Trax stop.

The mission of Innovations Early College High School is to provide a robust, personalized learning environment without the constraints of the traditional high school. Through this unique pedagogy, students are taught in a blended learning classroom, which is a form of instruction that uses face-to-face traditional instruction, along with self-paced, individualized digital content. As such, students have control of the time, path, pace, and place for their learning. With the pivot to more online options, students are able to move through school easily, and they have a high early graduation rate.

A strong mentoring program enhances the personalization of each student. Each teacher acts as a mentor to approximately 40 students. Mentors are assigned randomly to students and become counselor coach, cheerleader, and motivator for the student until they graduate. Student and parent survey responses have stated that the mentor program succeeds because of the dedication of the teaching staff. Each mentor works individually with the student to plan their educational path and keep them on pace. The mentors, along with the school counselor, plan for dual credit opportunities that allow students to earn college credit while fulfilling the requirements for high school graduation.

Innovations Early College High School is a choice school in the Salt Lake City School District with direct ties to Salt Lake City Community College. All juniors and seniors are expected to earn college credit while in high school. Students can continue their education after completing high school course by enrolling in Concurrent Enrollment options with the goal of completing one year or more of their college education through Salt Lake Community College.

Stacey Briggs, Principal of Innovations, was a Ballet West Academy parent. As the point of contact for BWA families, she is very enthusiastic to support dancers. Contact Stacey Briggs at stacey.briggs@slcschools.org or 801-481-4950

Below is attached a sample of the graduation guide for Innovations.

9TH GRADE	
LANGUAGE ARTS 9	1
MATH!	1
SCIENCE (Earth or Biology)	1
WORLD GEO & EXPLORING COMP. SCI.	.5 .5
WORLD HISTORY I & II (world hist. & SSE)	.5 .5
CTE	1
Fine Arts	1
PE SKILLS AND FIT FOR LIFE	.5 .5
HEALTH & LIFETIME ACTIVITIES	.5 .5

11TH GRADE	
LANGUAGE ARTS 11(.5) & 12	.5 1
MATH III	1
SCIENCE (Chemistry, Physics, Science Elective)	1
U.S. Government	.5
ELECTIVE	2.5
Total	24

10TH GRADE	
LANGUAGE ARTS 10 & LANG. ARTS 11(.5)	1 .5
MATH II	1
SCIENCE (Biology or Chemistry)	1
FINE ARTS	.5
US HISTORY	1
FINANCIAL LIT.	.5
ELECTIVE	3

Graduation Requirements:

- " 4 years Language Arts
- 3 years Math
- 3 years Science
- .5 Geography for Life
- " .5 World History
- .5 SSE
- 1 year US History
- .5 US Gov.
- " 1.5 Fine Arts
- 1 CTE
- .5 Computer Tech
- .5 Financial Lit
- " .5 Health
- 1 year PE/Fit for Life
- .5 Lifetime Activities
- 5.5 Elective

9TH GRADE	
LANGUAGE ARTS 9	1
MATH I	1
SCIENCE (Earth or Biology)	1
WORLD GEOGRAPHY & WORLD HISTORY	.5 .5
PE SKILLS AND FIT FOR LIFE	.5 .5
LIFETIME ACTIVITIES (or a school sport)	.5
EXPLORING COMPUTER SCIENCE	.5
CTE	1
FINE ARTS	.5

11 TH GRADE	
COMM 1010	1
MATH III	1
PHYSICAL SCIENCE- (CHEM 1010, PHYS 1010, PHYS 1040)	1
CE FINE ART	1
CE SOCIAL SCIENCE (PSY, SOC, CJ)	1
ANTH 1010	1
POLS 1100	1

10 TH GRADE	
LANGUAGE ARTS 10	1
MATH II	1
SCIENCE (Biology or Chemistry)	1
US HISTORY	1
FINANCIAL LIT	.5
HEALTH	.5

12 TH GRADE	
ENGL 1010	1
CE MATH	1
LIFE SCIENCE (BIOL 1090 OR NUTR 1020)	1
ENGL 2010 (as elective)	1
HUMA 1100 (elective)	1
*Need 1HLAC credit through Early Enrollment	

Graduation Requirements:

- 4years Language Arts
- 3years Math
- 3years Science
- .5 Geography for Life
- .5 World History
- .5SSE
- 1year US History
- .5 US Gov.
- 1.5 Fine Arts
- 1CTE
- .5 Computer Tech
- .5 Financial Lit
- .5 Health
- 1year PE/Fit for Life
- .5 Lifetime Activities
- 5.5 Elective

Concurrent Checklist:

- junior or Senior
- Minimum 3.0 GPA
- On track with core classes
- Enroll as SLCC student and obtain S#
- Accuplacer or ACT scores on file with SLCC



CITY ACADEMY

City Academy's Mission is to graduate responsible, informed citizens who have achieved their best academic success. We do this through distinctive teaching that is engaging, investigative and thought-provoking; close attention to each student's finest learning and personal progress; and involving students in exploration of civic and current issues in our city.

City Academy

Type: Public Charter 7-12

Able to accept foreign exchange students

NOTE: Cambridge International Assessment Early College Classes available <https://www.cambridgeinternational.org/>

Website www.cityacademyslc.org Enroll [here](#) Phone 801-596-8489

Transportation: Trax stop and buses available near school for transportation to studio. All students have a UTA pass.

Ballet West Academy Students enrolled at City Academy will benefit from the unique opportunity to receive exceptional dance training and simultaneously pursue the preparatory academic curriculum of their choice from 7th – 12th grades at a public charter school where there is no tuition.

Every student at City Academy has a Personal Education Plan (PEP) designed to meet their particular needs and interests in terms of course taking, and daily schedule. In each of the English, Math, Science, Social Studies, and Visual Arts subject areas and at each grade level, City Academy offers a range of course-level options – foundations, distinctive core classes, concurrent enrollment, and Cambridge International early college classes.

- ✘ City Academy, at 555 E 200 S, is [located conveniently](#) in Salt Lake City near Ballet West Academy.
- ✘ Pursue the preparatory academic [curriculum](#) that is right for you from 7th – 12th grades.
- ✘ Earn 8 high school graduation credits through your Ballet West ballet classes.
- ✘ City Academy is an established public charter school [where there is no tuition](#).
- ✘ [Flexibility](#) is available to accommodate ballet rehearsals and support performances.
- ✘ Your City Academy Personal Education Plan ([PEP](#)) can be designed to meet your particular needs and interests in terms of course taking and daily schedule.
- ✘ City Academy offers the internationally recognized Cambridge International Assessment Pre-advanced (“IGCSE”) and Advanced-level (“A-level”) courses. These [globally esteemed early college courses](#) provide rich study with breadth and depth that fosters passion and engagement and that prepares students well for the rigors of their college education.
- ✘ The City Academy [I'm Ready Scholarship](#) is available to all City Academy graduates for up to four years of post-high school education anywhere in the world.

If you are a 7th through 12th grade student

- who appreciates teachers who really care,
- who values a safe school,
- who loves to think about and discuss relevant topics,
- who likes that your friends come from different backgrounds,
- who works hard and dreams big,

Then City Academy is the place for you!

We look forward to meeting you!





Type: Charter 9-12

<https://www.saltlakespa.net/>

Transportation: Busses between SPA and Highland High campuses. SPA is located in downtown Salt Lake City

Salt Lake School for the Performing Arts (SPA), is a tuition-free public charter high school. We currently offer academic tracks in Dance, Media, Music, and Theatre. SPA shares courses with Highland High School, and offers concurrent enrollment courses in partnership with Salt Lake Community College and the University of Utah. Students are required to commit to taking at least three performing arts courses. SPA offers students three unique pathways of learning to fit their individual needs.

- **Option 1: Highland Hybrid Schedule**

Students will split their time between Highland campus and SPA campus locations on A-days and B-days. This option offers in-person instruction for all courses. This schedule allows students to spend one day at each campus.

A Day Highland	Class	B-Day (SPA)	Class
A1	Nail Technician	B1	Modern III Dance
A2	US History	B2	Piano II
A3	Zoology	B3	Video Production 2
A4	Sec Math II	B4	Language Arts 10

- **Option 2: SLSPA Hybrid Schedule**

Students will have English and Math courses in person, but will complete other course requirements through online platforms. All courses are located on SPA's campus. This model allows students to have access to the entire course catalog, while benefiting from a mix of in-person and online instruction. Students will be monitored and supported during weekly check-ins to make sure they are on track in all of their coursework

A-Day	Class	B-Day	Class
A1	Language Arts 11 (In-Person)	B1	Acting III (In-Person)
A2	World Geo (Online in lab)	B2	Sec Math III (In-Person)
A3	Intro to Bands (In-Person)	B3	Health (Online in Lab)
A4	Beginning Photography (In-Person)	B4	Biology (Online in Lab)

- **Option 3: Elite Academic Offerings**

If the student is academically eligible, SPA will pay for concurrent enrollment tuition costs to take core online classes through an early college High School program at either Salt Lake Community College, or the University of Utah.

A-Day	Class	B-Day	Class
A1	ART 1240 Screen Printing (SLCC)	B1	MATH 1210 Calculus (SLCC)
A2	Set Design (SPA)	B2	PSYCH 1010 Psychology (SLCC)
A3	POLS 1100 US Gov't (SLCC)	B3	Theatre Conservatory (SPA)
A4	BIOL 1405 Environmental Science (SLCC)	B4	Ballet IV (SPA)

For more information about SPA, please contact our registrar Kim Dahle at kdahle@saltlakespa.org



UTAH

VIRTUAL ACADEMY SM

POWERED BY K12

Utah Virtual Academy

Type: Public Online Charter School K-12

Website: <https://utahvirtualacademy.org/>

Enroll: <https://utva.k12.com/>

Utah Virtual Academy is a college and career ready school dedicated to inspiring and empowering students through an educational experience tailored to each student's needs.

Full-time high school students can take advanced courses, including concurrent enrollment and dual credit courses through local Applied Technology Colleges. Students can earn a high school diploma while completing college credit courses at a deeply discounted cost. Courses may be completed synchronously or asynchronously. UTVA provides a comprehensive framework for school counselors to promote a whole child approach to academic/learning, life/career, multicultural/global citizenship, and social/emotional development for each student. This K-12 framework is also systemic in that it ensures student supports are deeply ingrained in the system to improve outcomes for students, not only academically but also for lifelong success.

Students seeking supplemental online courses (part-time) can participate in the [Utah Statewide Online Education Program \(SOEP\)](#), students in grades 6-12 attending a private school, homeschool, or a public school can take up to six credits with UTVA.

Utah Virtual Academy offers:

- Highly qualified Utah-licensed teachers
- Utah core standards curriculum
- Career and Technical Education (CTE) program with nine pathways (9-12)
- Concurrent enrollment via Snow College, SLCC, and Utah Tech University (10-12)
- Comprehensive family and students support

College and Career Readiness

- [9th Grade CCR](#)
- [10th Grade CCR](#)
- [11th Grade CCR](#)
- [12th Grade CCR](#)

Middle School (7th-8th grades) [Bell Schedule](#)

Middle School SOEP [Courses](#)

For more information about Utah Virtual Academy, please visit our website at <https://utahvirtualacademy.org/> or contact LuAnn Charles, Student Services Administrator at lucharles@utahvirtual.org or schedule a phone call [HERE](#).

Typical UTVA Schedules by Grade

9th Grade			
Block 1	Block 2	Block 3	Block 4
English 9		English 9	
Math 1		Math 1	
Earth Science		Earth Science	
Geography	Participation Skills	Computer Tech	ART
CTE/ELECTIVE	ELECTIVE	ELECTIVE	ELECTIVE
End of 9th Grade: 6+ credits			

10th Grade			
Block 1	Block 2	Block 3	Block 4
English 10		English 10	
Math 2		Math 2	
Biology		Biology	
World History A	World History B	Health	Fit for Life
ART	ELECTIVE	CTE/ELECTIVE	ELECTIVE
End of 10th Grade: 12+ credits			

11th Grade			
Block 1	Block 2	Block 3	Block 4
English 11		English 11	
Math 3/Practical Math		Math 3/Practical Math	
Elective Science	Elective Science	Elective Science	Elective Science
US History A	US History B	Lifetime Activities	ART
CTE/ELECTIVE	ELECTIVE	ELECTIVE	ELECTIVE
End of 11th Grade: 18+ credits			

12th Grade			
Block 1	Block 2	Block 3	Block 4
English 12		English 12	
Math 3/Practical Math/No math		Math 3/Practical Math/No math	
US Government	Personal Finance	Social Science	ELECTIVE
ELECTIVE	ELECTIVE	CTE/ELECTIVE	ELECTIVE
End of 12th Grade: 24+ credits			

6 - 7 credits per year → 24 total credits to graduate
(Counselors create schedules based on credit needed.)
Student schedules may vary depending on graduation progress.)

8TH GRADE STUDENT SCHEDULES

8th Grade Section 1						
Time	Mon	Tues	Wed	Thurs	Fri	
8:00-8:15	Check Emails & Weekly To Do Lists					
8:15 - 9:05		Health	US History	Digital Literacy	*Emails *Homework *Check Overdues *Complete Missing Assignments *Data Chats w/Teachers (by invite) *Small Groups/Additional Classes/Interventions (by invite)	
9:05- 9:15	10 min break					
9:15- 10:05	Math	Math	Math	Math		
10:05- 10:15	10 min break					
10:15-11:05	Science	Science	Science	Science		
11:05-11:15	10 min break					
11:15-12:05	ELA	ELA	ELA	ELA		
12:05-1:00	LUNCH					
1:00- 1:30	Lynx Time		Lynx Time			
1:30-3:00	* Attend scheduled small groups if invited (check OMS schedule) * Check emails, communicate with teachers or mentors, check overdues * Homework, self-paced classes, etc.					

8th Grade Section 2						
Time	Mon	Tues	Wed	Thurs	Fri	
8:00-8:15	Check Emails & Weekly To Do Lists					
8:15 - 9:05		Health	US History	Digital Literacy	*Emails *Homework *Check Overdues *Complete Missing Assignments *Data Chats w/Teachers (by invite) *Small Groups/Additional Classes/Interventions (by invite)	
9:05- 9:15	10 min break					
9:15- 10:05	ELA	ELA	ELA	ELA		
10:05- 10:15	10 min break					
10:15-11:05	Math	Math	Math	Math		
11:05-11:15	10 min break					
11:15-12:05	Science	Science	Science	Science		
12:05-1:00	LUNCH					
1:00- 1:30	Lynx Time		Lynx Time			
1:30-3:00	* Attend scheduled small groups if invited (check OMS schedule) * Check emails, communicate with teachers or mentors, check overdues * Homework, self-paced classes, etc.					

Middle School SOEP Courses 2022-23

Math	History
7th Grade Mathematics A (1st Semester)	US History I
7th Grade Mathematics B (2nd Semester)	Health and PE
8th Grade Mathematics A (1st Semester)	Health Education I (7th-8th Grade)
8th Grade Mathematics B (2nd Semester)	Physical Education (7th-8th Grade)
Language Arts (English)	Digital Studies, Art, Languages
7th Grade Language Arts A (1st Semester)	Digital Literacy
7th Grade Language Arts B (2nd Semester)	Art Foundations I
8th Grade Language Arts A (1st Semester)	German I
8th Grade Language Arts B (2nd Semester)	Spanish I
Science	
7th Grade Integrated Science A (1st Semester)	
7th Grade Integrated Science B (2nd Semester)	
8th Grade Integrated Science A (1st Semester)	
8th Grade Integrated Science B (2nd Semester)	



Utah Connections Academy

Type: Public K-12

<https://www.connectionsacademy.com/utah-online-school/>

Transportation: Classes are all online. Students will just need transportation from home

Utah Connections Academy is a tuition-free online public school. We offer a safe environment where students K-12 can learn in a way that works best for them. Students attend class sessions virtually to review concepts, engage in discussion, and connect with their instructors. With support from their Learning Coaches, students are prepared each day to responsibly complete their assignments on their own time.

Our focus is developing your students and teaching them the skills needed to navigate the modern world. Teachers at Connections Academy are certified and eager to support your students and ignite their passions.

For more information, please visit our website www.connectionsacademy.com/about/contact-us/, or call 844-719-9905

Elevated Charter School

A virtual classroom in your home or on the go!

<https://www.elevatedcharterschool.org/>

We are a public charter school, open to all residents of the state of Utah. For the 2024/25 school year, we are enrolling grades K-6.

We will be adding grades 7-8 in 2025 and high school in 2026. By the 26/27 school year, we will be open to all Utah residents in grades K-12.

We offer great flexibility, allowing students choices in core and elective classes, based on interest and schedule. Many Elevated classes are thematic and offer students choices in reading and projects so that every student is engaged and sharing a love for learning with peers. Check out more details on our Innovative Courses & Curriculum page!

Elevated classes are taught live, at various times throughout the week, but also recorded, so your student never needs to miss important instruction. Join class via Zoom from your school-provided laptop. Login requirements ensure every student is protected as they join teachers and classmates from wherever they need to learn.

Elevated classes are taught as individual subjects, so your student can start learning at just the right level, building skills, diving deeper, and moving forward at the right pace. Several classes include a range of ages/grades, so students can engage in peer mentoring. Choices in literary books, nonfiction topics, projects, and how your student demonstrates genuine mastery of skills and knowledge enable every student to feel successful and take ownership of his or her education.

Our curriculum & instruction are designed to work well at home and on the go. We ship tech, curriculum, & hands-on materials right to you, ready to be used at home or packed up for family travel or a student who is on the go.

Need advice on alternative curriculum? Have a curriculum you already love? Our Elevated Teachers will guide your student through offline courses, providing supplemental resources if needed and ensuring your student is making individual learning progress.